



MVPS's SP College of Architecture

Udhaji Maratha Boarding Campus, Off Gangapur Road, Nashik-13

Phone: 0253-2570822 E-mail: cansnashik@mvp.edu.in



Criterion VII - Institutional Values and Best Practices

7.1 Institutional Values and Social Responsibilities



7.1.1

Gender Equity

Measures initiated by the Institution for the promotion of Gender Equity



Criterion 7 – Institutional Values and Best Practices

Key Indicator - 7.1 Institutional Values and Social Responsibilities

Gender Equity

7.1.1 GENDER EQUITY: Measures initiated by the Institution for the promotion of gender equity during the last five years.

Sr. No.	Contents (Documents)
A	Annual Gender Sensitization Action Plan
1	Gender Sensitization Action Plan (2023-24)
2	Reports of Gender Sensitization (2023-24)



Annual Gender sensitisation action plan - 2023- 24

The institution understands its responsibility towards gender sensitisation amongst adolescents. The institute works to respond to gender sensitive issues and provide an environment where boys and girls can work together with a sense of personal security and dignity. For this purpose, the institute has an advisory body for gender sensitization under Ladies grievance cell and ICC committee. The advisory body engrosses the awareness about gender issues and emphasizes on creating an enabling environment for gender justice.

The advisory body works with a vision and aim to create a gender sensitized community within the campus as well as in the society. It has been organising varied academic, technical, medical, cultural and social events for the upliftment of women and spreading the real importance of gender equality in the society through the College students.

Main objective of Gender Sensitization cell are:

- To make the young boys and girl's gender sensitive and create positive values that support the girls and their rights.
- To provide overall guidance to the peer group in integrating/mainstreaming gender in all activities of the Institution in the form of focused group discussions, debates, poster making competitions etc.
- To provide an integrated and interdisciplinary approach to understand the social and cultural constructions of gender that shapes the experiences of women and men in society.
- To generate awareness in regard to equality in law, social system and democratic activities.

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Action Plan for Gender sensitization

- 1) Ladies grievance cell committee works towards addressing gender issues.
- 2) Appointments of mentors & mentees for addressing day to day activities of girl's students.
- 3) All students' programmes or activities organised in college are restricted till 7 pm.
- 4) Accompany of female faculty members in case of girls students working in college for late hours till 10 pm.
- 5) The Cell plans to organize a gender awareness Programs
- 6) To help battling examination stress, the Cell plans to provide medical facilities like counselling sessions and health check ups and awareness programmes.

Annual Gender sensitisation action plan - 2023- 24

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Academic Year 2023-24

Activity	July	August	September	October
Menstrual health awareness				14-15 oct 2023

Activity	Dec.	Jan.	Feb.	March.
NSS residential camp -		3-9 January 2024		
Celebrating Women in Architecture - Life and Works of Didi Contrator				14 Mar 204
Sakhi'- Awareness lecture about her rights				21 Mar 2024

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MVPS's SP College of Architecture														2023-2024														
Udhaji Maratha Boarding Campus, off Gangapur Road, Nashik Phone : 0253-2570822. Email : cansnashik@mvp.edu.in														TERM-I														
ARCHITECTURE - ACADEMIC CALENDAR 2023-2024														Sun	Mon	Tues	Wed	Thu	Fri	Sat	Sun	Mon	Tues	Wed	Thu	Fri	Sat	Sun
Aug-21																												
Aug-22																												
Aug-23																												
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[Signature]
Principal



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ARCHITECTURE - ACADEMIC CALENDAR 2023-2024

	Sat	Sun	Mon	Tues	Wed	Thu	Fri	Sat	Sun	Mon	Tues	Wed	Thu	Fri	Sat	Sun	Mon	Tues	Wed	Thu	Fri	Sat	Sun	
Dec-23																								
Jan-24																								
Feb-24																								
Mar-24																								
Apr-24																								
May-24																								

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MVPS's SP College of Architecture		2023-2024																																																															
BACHELOR OF DESIGN - ACADEMIC CALENDAR 2023-2024		TERM I																																																															
17/09	18/09	19/09	20/09	21/09	22/09	23/09	24/09	25/09	26/09	27/09	28/09	29/09	30/09	01/10	02/10	03/10	04/10	05/10	06/10	07/10	08/10	09/10	10/10	11/10	12/10	13/10	14/10	15/10	16/10	17/10	18/10	19/10	20/10	21/10	22/10	23/10	24/10	25/10	26/10	27/10	28/10	29/10	30/10	31/10																					
Propaganda Week		Examination Week		Teaching week 1		Teaching week 2		Teaching week 3		Teaching week 4		Teaching week 5		Teaching week 6		Teaching week 7		Teaching week 8		Teaching week 9		Teaching week 10		Teaching week 11		Teaching week 12		Teaching week 13		Teaching week 14		Teaching week 15		Teaching week 16		Teaching week 17		Teaching week 18		Teaching week 19		Teaching week 20		Teaching week 21		Teaching week 22		Teaching week 23		Teaching week 24		Teaching week 25		Teaching week 26		Teaching week 27		Teaching week 28		Teaching week 29		Teaching week 30		Teaching week 31	

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2023-2024
TERM - II

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BACHELOR OF DESIGN - ACADEMIC CALENDAR 2023-2024

Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Teaching week 7	National service		Site and field visit		Seminar Orientation F.Y.B. Des Exhibition and Socials		Capacity Building/softskill		Workshop College Events Study		Certificate Course ICC meeting Anti Ragging committee meeting		Student Development Cell meeting Student Grievance cell meeting Gender		Guest Lecture Dwaris SEM Break Holiday Extension & Outreach Program		Alumni meet Mentor & Mentee SEM END													
Teaching week 8	National service		Site and field visit		Seminar Orientation F.Y.B. Des Exhibition and Socials		Capacity Building/softskill		Workshop College Events Study		Certificate Course ICC meeting Anti Ragging committee meeting		Student Development Cell meeting Student Grievance cell meeting Gender		Guest Lecture Dwaris SEM Break Holiday Extension & Outreach Program		Alumni meet Mentor & Mentee SEM END													
Teaching week 9	National service		Site and field visit		Seminar Orientation F.Y.B. Des Exhibition and Socials		Capacity Building/softskill		Workshop College Events Study		Certificate Course ICC meeting Anti Ragging committee meeting		Student Development Cell meeting Student Grievance cell meeting Gender		Guest Lecture Dwaris SEM Break Holiday Extension & Outreach Program		Alumni meet Mentor & Mentee SEM END													
Teaching week 10	National service		Site and field visit		Seminar Orientation F.Y.B. Des Exhibition and Socials		Capacity Building/softskill		Workshop College Events Study		Certificate Course ICC meeting Anti Ragging committee meeting		Student Development Cell meeting Student Grievance cell meeting Gender		Guest Lecture Dwaris SEM Break Holiday Extension & Outreach Program		Alumni meet Mentor & Mentee SEM END													

SUMMER HOLIDAYS - STUDENTS AND FACULTY

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Criterion 7 – Institutional Values and Best Practices

Key Indicator - 7.1 Institutional Values and Social Responsibilities

Gender Equity

7.1.1 GENDER EQUITY: Measures initiated by the Institution for the promotion of gender equity during the last five years.

7.1.1	Gender equity and sensitization - Bachelor of Architecture		
YEAR	No	NAME	DATE
2023-24	1	Menstrual hygiene	14/10/2023
	2	Women in Architecture - Life and Works of Didi Contractor	14/03/2024
	3	Sakhi'- Awareness lecture about her rights	21/03/2024
	4	NSS camp - Mungsare	03/01/2024 - 09/01/2024



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DATE: 23/01/2024

NOTICE

All the Students of 2nd Year B.Arch girl students are hereby informed to remain present for lecture on,

Menstrual Health and Hygiene "Project Pavitra" by Rotary Club Nashik, Grapecity

On 14/10/2023 and 15/10/2023; Saturday & Sunday.

Timings: 7:00 am to 9:00 am.

Attendance is mandatory.

Prof. Arpita Bhatt
(Committee Chairperson)

Dr. Prajakta Baste
Principal





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A Report on Menstrual Health and Hygiene "Project Pavitra"

Academic Year: 2023-24

Semester: III

Organised By	Bachelor of Architecture
Objectives	<ol style="list-style-type: none">1. Improve knowledge and awareness2. Promote healthy practices3. Create a supportive environment4. Address menstrual health issues5. Break the silence and stigma6. Reduce menstrual-related morbidity7. Promote overall well-being
Name of Resource Person	Durga Sali, Dr. Alka Bhavsar, Adv. Ginny Khurana
Resource Person Post and Organization	DAGMHI Rotary (RCN Grapecity RID 3030)
Date and Time	14 th & 15 th Oct 2023 from 7:00 am to 9:00 am
Venue	MVPS's SP College of Architecture L5 (Online Mode)
Program In-Charge	Prof. Tejaswini Marode
Student Attended	Second Year B. Archi (Div A + B)
No of Students Present	21
Program Approved by	IQAC
Supporting Staff Member	Prof. Ashwini Bhusare
Photograph/Video Available	Geo tag photographs available

ATTACHED

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<p>Brief about the Program (Activity/Event)</p>	<p>An exemplary program on Menstrual Health and Hygiene "Project Jeevan Pavitra", was conducted on online workshop for Rotary Club Nasik Grapecity RID 3030.</p> <p>The program was facilitated by inaugural speech of Rtn. Ginny Khurana, the introduction of dignitaries Dr. Alka Bhavsar was done by Director Youth Services Rtn. PP Durga Sali. Rotary club of Nasik Grapecity RID 3030.</p> <p>The workshop was held on 14th & 15th oct 2023 which was attended by 21 plus female students of the institute. More than 125 plus girls attended this workshop from various school and college premises. Project Pavitra was introduced by Art Of Living under guidance of H.H. Sri Sri Ravishankar ji that give Young girls/ women platform to spread needed awareness and facilities that help to end up suffering from preventable infections.</p> <p>This Free workshop comprises of: Better understanding of Your body, deep knowledge on this common biological phenomenon (Menstruation). Not only this but importance of food & nutrition and simple yoga, meditation & Pranayam along with home remedies to feel more at ease during your menstrual period!</p> <p>Thanks to Rotary Club Nashik Grapecity RID 3030 for giving this opportunity to spread Menstrual Health and Hygiene among young girls and women of the institute.</p>
<p>Remarks</p>	<p>Topic like menstrual hygiene initiates many untalked topic to spread amongst the female students with ease.</p>


 Prof. Tejaswini Marode
 Program in-charge


 Prof. Arpita Bhatt
 Approved by
 (Committee Chairman)

ATTESTED

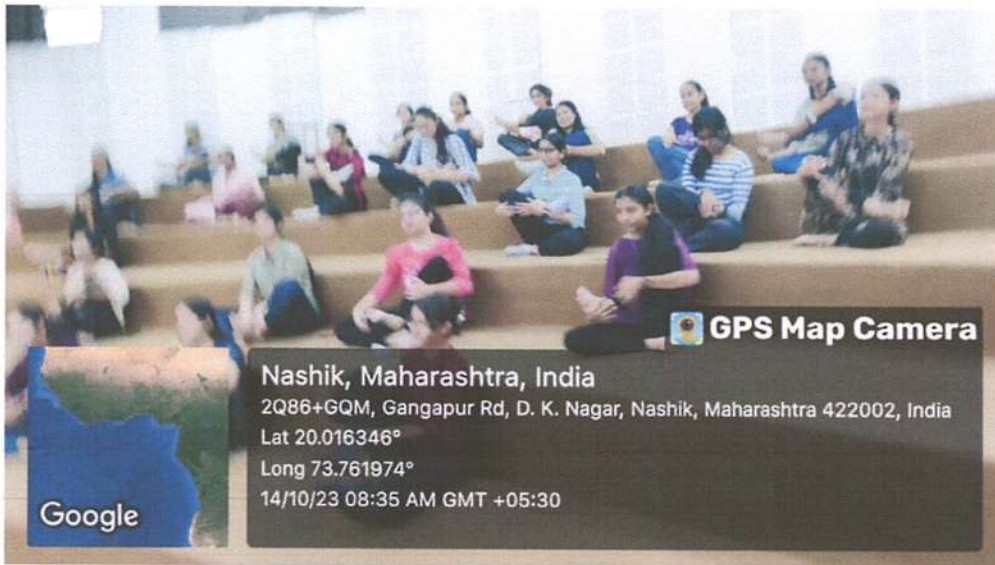
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Students involved in relaxing muscles.



Students involved in hands on exercise to understand the online session in depth.

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Online interaction with the attendees



Students following the instructions from online session.

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Rtn. Asha VenuGopal
District Governor RID 3030
2023-24



Gordon R McInally
RI President 2023-24

ONLINE

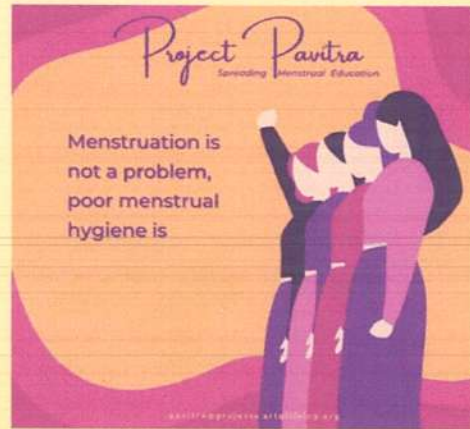
Project Pavitra

A workshop on Menstrual Health & Hygiene
(Female 10+yrs)

Host club: RCN Grapecity RID 3030

14-15OCT 2023
7am - 9am

CONTACT
7208282601
9049294420



JOIN ZOOM MEETING
<https://zoomto.me/XNbom>
Meeting ID: 613 697 5581
Passcode: 151204

GIFT YOURSELF

Yoga Meditation Pranayam
(for immense strength and relaxation)

Wholesome Nutrition
(To improve resistance power)

Debunking myths & taboos
(about menstruation)

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Rtn. Jayant Khairnar.
(President)

Rtn. Jayesh Dhake.
(Dir. Medical)

Rtn. Jayashree Patil.
(Dir. New.Gen.)



PP. Durga Sali.
(Convenor)
Chairperson.
Women upliftment.



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A report on Celebrating Women in Architecture - Life and Works of Didi Contractor

Academic Year: 2023-24

Organised By	Bachelor of Architecture
Objectives	<ul style="list-style-type: none">To raise awareness about the significant contributions of women to architecture and urban design.To foster dialogue on overcoming gender-based challenges in the profession.
Name of Resource Person	Dr. Prajakta Baste
Resource Person Post and Organization	Principal, MVPS's SP College of Architecture
Date and Time	14/03/2024 (1: 00 hrs.) 10:30 am to 11:00 pm
Venue	L4, MVPS's SP College of Architecture
Program In-Charge	Prof. Purva Shah
Student Attended	Fourth. Y. B. Arch
No of Students Present	30
Program Approved by	Chairman – Prof. Arpita Bhat Social & Cultural Committee
Supporting Staff Member	Prof. Vinit Bobade
Photograph/Video Available	Photographs available

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Brief about the Program (Activity/Event)	<p>In celebration of International Women's Day, this event aims to highlight the achievements, challenges, and contributions of women in the field of architecture. The programme showcased the stories of pioneering female architect Didi contractor life and work journey , explored the evolving role of women in shaping the built environment, and provided a platform for discussions around gender equity and diversity in the architecture industry.</p>
Remarks	<p>This event seeks to honor the vital role women play in shaping the architectural world, while also pushing for a more inclusive, diverse, and equitable future in the built environment.</p>

Prof. Purva Shah
Program in-charge

Prof. Arpita Bhat
Approved by
(Committee Chairman)

Principal

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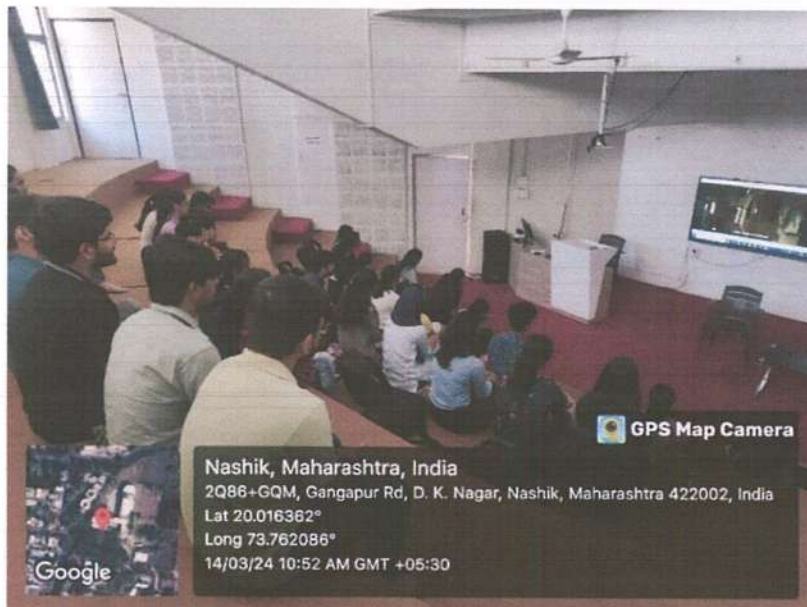
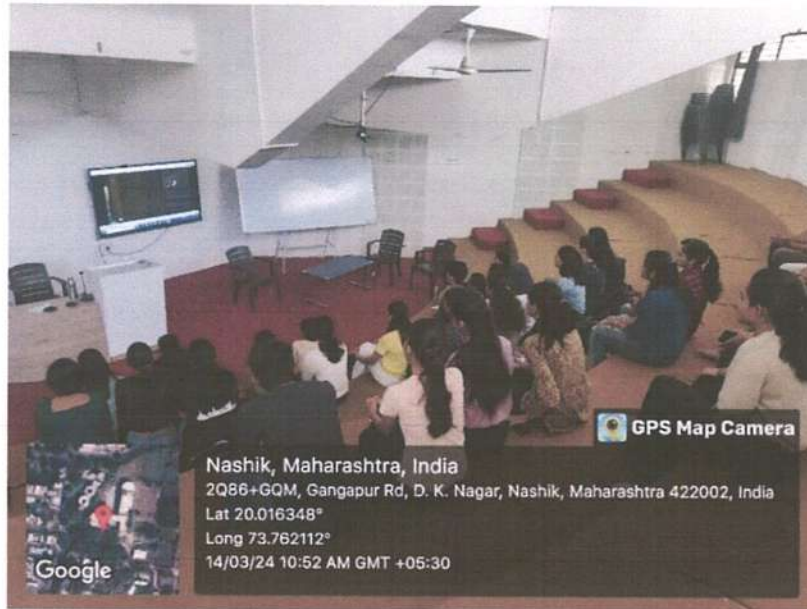
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A report on Celebrating Women in Architecture - Life and Works of Didi Contractor



Students attending online lecture about women's in Architecture promoted by council of Architecture

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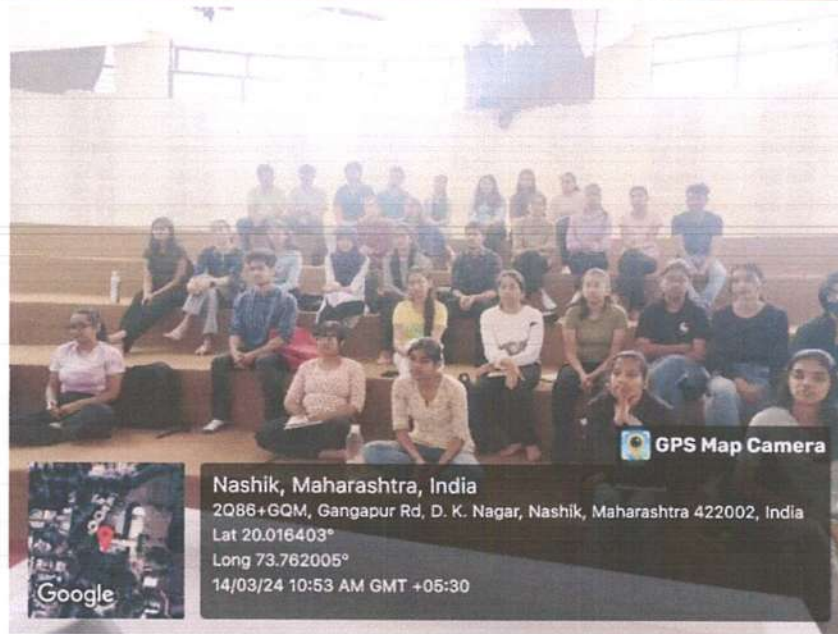
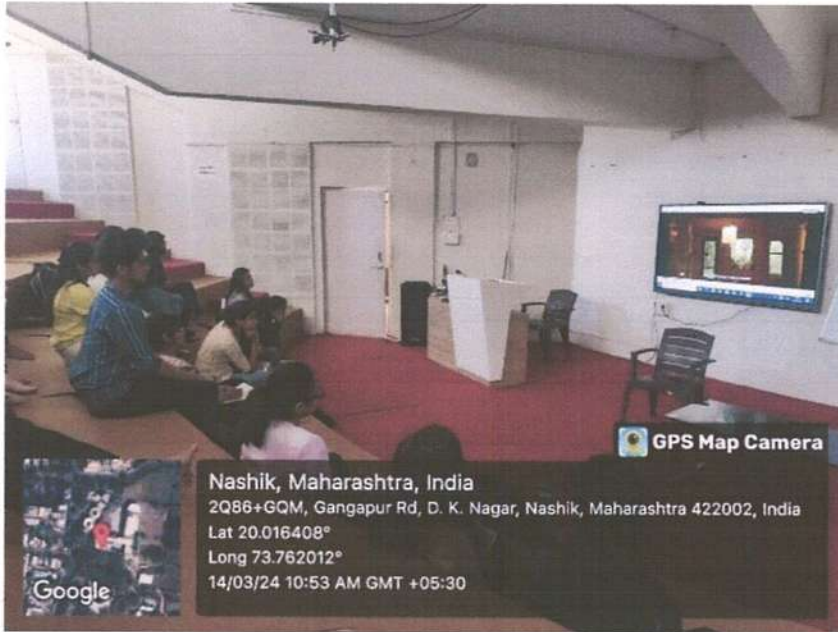




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ATTENDANCE RECORD

Event :	Celebrating Women in Architecture	
Date:	14.03.2024	
Place :	L11	
Sr. No.	Name	Attendance
1	NAVAMI SATHYAKAN ACHARYA	Present
2	Tshwari Gosavi	Present
3	Mitali Karua	Present
4	Ruhikesh Sonawane	Present
5	Kranga Kalyani	Present
6	Abhilasha Sonawane	Present
7	Tejaswini R. Devan	Present
8	Ganesh Bhaladange	Present
9	Udant Buranga	Present
10	Bhoomi Sadawarte	Present
11	Chetan G. Gase	Present
12	Mahesh Chavan	Present
13	Jainesh Jain	Present
14	Amulhaa Bhumare	Present
15	Parthi Asawa	Present
16	Tejraj Bhandari	Present
17	Shreyash Suryawanshi	Present
18	Vijayalaxmi Des	Present
19	VASU KALARIA	Present
20	VIVEK Jagtap	Present
21	Sejal Wani	Present
22	Yash Parbhure	Present
23	Vaijaya Khan	Present
24	Yukti Nawale	Present
25	Samrudhi Kapadni's	Present
26	Manika's Shikh	Present
27	Bunika's Shikh	Present
28	Sanchal Jadhav	Present
29	Shruti Dahi	Present
30	Riddhi Gaddekar	Present
31	Vidhi Chauda	Present
32	JALHVI HARKUT	Present
33	Shruti Chinchole	Present
34	Dinesh Shinde	Present
35	Shreyash Pakaskar	Present
36	Sakshi Musale	Present
37	Tshika Vichare	Present
38	Sheavani Bhosau	Present
39	Ankita Kalkar	Present
40	ADITI AHER	Present

ATTENDED

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A report on Sakhi'- Awareness lecture about her rights by PSI Trupti Sonawane

Academic Year: 2023-24

Organised By	Bachelor of Architecture
Objectives	<ul style="list-style-type: none">To educate participants on the rights guaranteed to women by national and international laws.To raise awareness of the gender-based challenges women face, including violence, discrimination, and unequal access to resources.
Name of Resource Person	Dr. Prajakta Baste
Resource Person Post and Organization	Principal, MVPS's SP College of Architecture
Date and Time	21/03/2024 (1: 00 hrs.) 12:00 am to 01:00 pm
Venue	L5, MVPS's SP College of Architecture
Program In-Charge	Prof. Tejaswini Marode
Student Attended	B. Arch
No of Students Present	75
Program Approved by	Chairman – Prof. Arpita Bhatt Social & Cultural Committee
Supporting Staff Member	Prof. Niketa Kothavale
Photograph/Video Available	Photographs available

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Brief about the Program (Activity/Event)	This programme aims to raise awareness about women's rights, focusing on legal protections, gender equality, and the ongoing challenges women face worldwide. Through engaging discussions, expert speakers, and interactive sessions, the event will educate participants on the fundamental rights of women, the importance of gender equality, and how to advocate for and protect these rights in various contexts.
Remarks	This event seeks to inspire individuals to become informed and active advocates for women's rights, fostering a more equitable society where women can exercise their full rights and contribute to the advancement of their communities and the world.

Prof. Tejaswini Marode
Program in-charge

Prof. Arpita Bhatt
Approved by
(Committee Chairman)

Principal

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A report on Sakhi'- Awareness lecture about her rights by PSI Trupti Sonawane



Prof Kasar madam felicitating the guest - PSI Trupti Sonawane



Honorable Guest Sonawane madam addressing the students.

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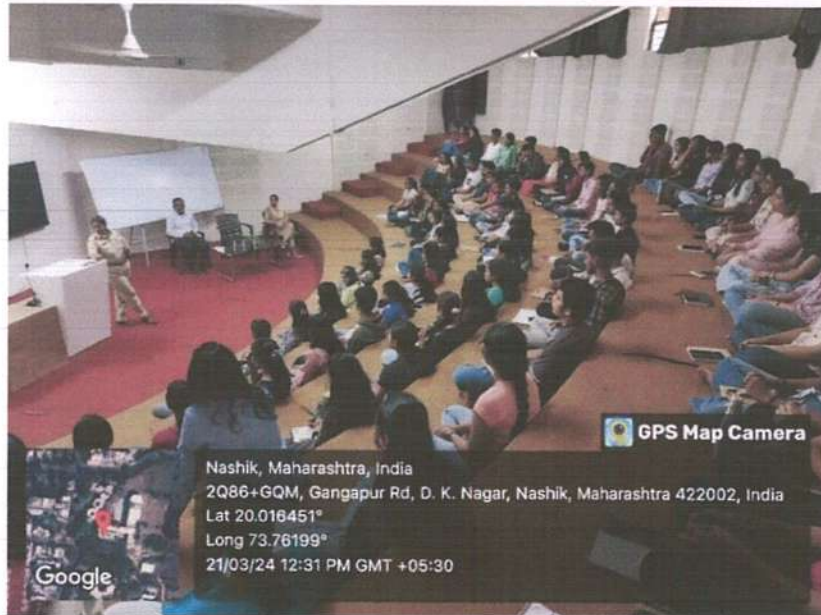
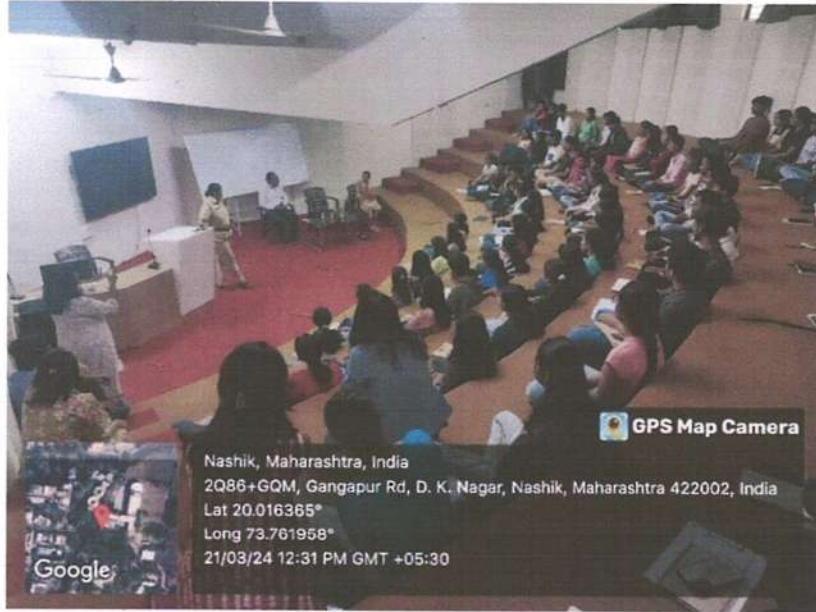




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Students attending a lecture about women's rights by Guest speaker PSI Sonawane madam.

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Attendance

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ATTENDANCE RECORD		
Event :	Awareness lecture about her rights	
Date	21-03-2024	
Time	12:00 am to 1:00 pm	
Sr.No	Name of Student	Attendance
1	Janspruti Karlam	Present
2	Khushi Marathe	Karamate
3	Hemanth V. Khane	Khane
4	Vaishnavi Ghodke	Ghodke
5	Amruta Mokale	Mokale
6	ABHINAV MADAM	+
7	Roshan Patil	R.B. Patil
8	Jashanti Patil	Jashanti
9	Kadisi Gite	+
10	Bhuvan Salunke	Salunke
11	PURVA SOLGAMA	Solga
12	Pranali Sureswade	Pranali
13	SANAM BORSE	Sanam
14	Shravya Chhajed	Chhajed
15	Devyani Saindani	Saindani
16	RUGVED.P.KALOS	Rugved Kalos
17	SHREYA GAIKWAD	Gaikwad
18	Smika Ahire	+
19	Vaishnavi Ahire.	+
20	Samruddhi Deshmukh	Samruddhi
21	Sarthak Dingore	Sarthak
22	Vinay Patil	Patil
23	Jaydeep Kuchhala	Kuchhala
24	ASHWIN CHAUDHARI	Chaudhari
25	Pooja Latrange	Latrange
26	Jaish Bhat	Jaish Bhat
27	Ukhita Borse	Borse
28	Sivona Jeyekar	Jeyekar
29	Ashwini Aher	Aher
30	Prathamesh Kulkarni	Kulkarni
31	Hastinada Yashu	Yashu
32	Komlesh Akagi	Akagi
33	Safa Shaikh	Shaikh
34	Sanskriti Sudarik	Sudarik
35	Adar Kapse	Kapse
36	Jai Deure	Deure
37	Prachi Pawar	Pawar
38	Prachi Tejane	Tejane

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A REPORT ON Residential Camp at Mungsare Village , Nashik

Academic Year : 2023-24

Organised By	College of Architecture and Centre for Design
Objectives	Special Camping forms an integral part of the National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with the community.
Resource Person Post and Organisation	Students of MVPS College of Architecture with the staff members.
Date and Time	03.01.2024 to 09.01 2024
Venue	Mungsare village,Nashik.
Program In-Charge	Prof.Ashish Khemnar, Prof.Megha Butte, Prof.Suvarna Patil
Student Attended	B.Arch. and B.Des.
No of Students Present	31 students
Program Approved by	Extension Activities / Social Service Co ordinator, Prof. suvarna Patil ma'am
Supporting Staff Member	Ashish Khemnar, Megha Butte, Suvarna Patil
Photograph/Video Available	Photographs Available

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<p>Brief about the (Activity/Event)</p> 	<p>Day 1 Morning activity School cleaning and Coordinating it with the Sarpanch and Principal of the school. Objective 1. To clean the campsite to be used over the next 6 days. 2. To identify and allot the spaces for stay, activities and setting the kitchen up. 3. The school hand washing space was identified for repairs and construction. 4. Listing of materials needed and procurement of the same</p> <p>Lecture by Nitin Paranjpe -Gender Equality The talk was about a human right that means everyone, regardless of gender, has equal access to resources, opportunities, and freedoms. It also means that people's rights, responsibilities, and opportunities are not based on their gender, but rather on their individual needs and abilities.</p> <p>Day 2 The school hand washing space construction and creating the channels for water movement near the hand washing area of the school. 1. Identifying and demarcation of the area and channel area 2. Digging and leveling the area and for the channel. 3. Transportation of the materials to the point of construction 4. Cleaning the ground area of the school</p> <p>Lecture by Kawale sir –We The People Of India. The idea of constitution and of being Indian was unfolded by making students aware of the premise when, why and who wrote the constitution. The four pillars that play a crucial role in maintaining the democratic process of the country. The speaker focused his talk on being the citizen of the nation rather than being mere voters to be used by political leaders. The talk also focused on checking the authenticity of the information in today's information age.</p> <p>Day 3 Cleaning the village 1. Identifying the area by surveying the village.</p>
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2.Dividing into teams and identifying leaders for each sub team.

3.Cleaning the streets.

4.Collecting waste.

5.Segregating the waste.

6.Disposal of the waste to the allotted location by the gram panchayat

Lecture by Dr Miling Wagh on Multidisciplinary approach.

Keeping in mind the new education policy the talk was designed to make students aware and know their point of view in the idea of multidisciplinary learning. The speaker opened up the idea and its relevance in today's world with examples from various domains. His emphasis was on the urgency of it provided we are equipped for it keeping in mind the pace of change in the learning process globally. The need that learners have to take the responsibility of learning under facilitation rather than typical teaching methodology were discussed.

The students posed interesting questions and fears of the new learning process.

Day 4

Finishing the hand washing area and channel's finishing.

De weeding of school campus

1.The allotment of areas to group for de weeding.

2.Cleaning the area and management of the de weeded material

Lecture by Mahesh Shelar on Population Awareness

Mahesh Shelar explained how the education of the public about population issues and their impact on society, the environment, and nations.

Day 5

Completion of the hand washing area for school.

Cleaning the school



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	<p>Lecture by Talha Shaikh on India's Democracy Talha Shaikh explained that the Constitution of India established a democratic government with a federal structure and a parliamentary system. India has held regular elections every five years since then, with a multi-party system and a diverse electorate. While India faces challenges such as corruption, inequalities, and communalism, it remains one of the largest and most vibrant democracies in the world, with a commitment to democratic principles and political engagement.</p> <p>Day 6 Digging a long cylindrical pit across the mountain at slop so as to prevent soil erosion.</p> <p>Lecture by Dr.Tushar Ogale on Importance of organic Farming Dr.Ogale sir explained the current situation of the damage happening due to chemical fertilisers and how to improve the quality of food by doing organic farming.</p> <p>DAY 7 The last day started with a rally in village regarding "say no to tobacco" and "save girl child" The camp concluded with the speech by Dr. Sanjay Shinde who guided the students about the good conduct of a NSS student member.</p>
<p>Remarks</p>	<p>Through different social activities done at camp, students got aware about various social issues. These activities will sensitise the students to social issues which will help for their holistic development.</p>

Program in-charge

Approved by
(Committee Chairperson)

Principal

IQAC Co-ordinator
Maratha Vidya Prasarak Samaj's
COLLEGE OF ARCHITECTURE
Nashik



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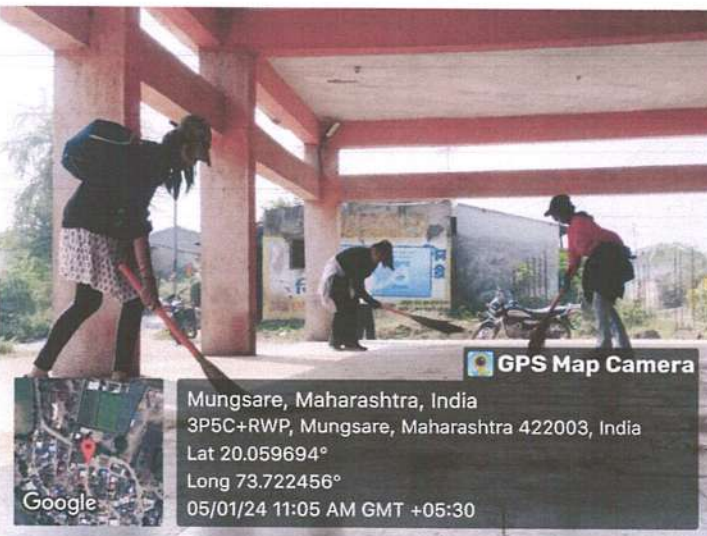
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NSS Camp inauguration ceremony



Cleaning the village



Cleaning temple complex

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De weeding of school campus



Utility area construction by NSS candidates



Rally in village regarding "say no to tobacco" and "save girl child"



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Tree plantation by NSS candidates.



Ending ceremony for Camp.

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Criterion 7 – Institutional Values and Best Practices

Key Indicator - 7.1 Institutional Values and Social Responsibilities

Gender Equity

7.1.1 GENDER EQUITY: Measures initiated by the Institution for the promotion of gender equity during the last five years.

7.1.1	Gender equity and sensitization - Bachelor of Design		
YEAR	No	NAME	DATE
2023-24	1	Menstrual hygiene	14/10/2023
	2	Sakhi'- Awareness lecture about her rights	21/03/2024
	3	NSS camp - Mungsare	03/01/2024 - 09/01/2024



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DATE: 23/01/2024

NOTICE

All the Students of 2nd Year B.Des girl students are hereby informed to remain present for lecture on,

Menstrual Health and Hygiene "Project Pavitra" by Rotary Club Nashik, Grapecity

On 14/10/2023 and 15/10/2023; Saturday & Sunday.

Timings: 7:00 am to 9:00 am.

Attendance is mandatory.

Prof. Smita Kasarpatil
(Committee Chairperson)

Dr. Prajakta Baste
Principal





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A Report on Menstrual Health and Hygiene "Project Pavitra"

Academic Year: 2023-24

Semester: Odd

Organised By	Bachelor of Design
Objectives	<ol style="list-style-type: none">1. Improve knowledge and awareness2. Promote healthy practices3. Create a supportive environment4. Address menstrual health issues5. Break the silence and stigma6. Reduce menstrual-related morbidity7. Promote overall well-being
Name of Resource Person	Durga Sali, Dr. Alka Bhavsar, Adv. Ginny Khurana
Resource Person Post and Organization	DAGMHI Rotary (RCN Grapecity RID 3030)
Date and Time	14 th & 15 th Oct 2023 from 7:00 am to 9:00 am
Venue	MVPS's SP College of Architecture L5 (Online Mode)
Program in-Charge	Prof. Priyansi Tambat
Student Attended	Second Year B. Des
No of Students Present	11
Program Approved by	ADC
Supporting Staff Member	Prof. Priyansi Tambat
Photograph/Video Available	Geo tag photographs available

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<p>Brief about the Program (Activity/Event)</p>	<p>An exemplary program on Menstrual Health and Hygiene "Project Jeevan Pavitra", was conducted on online workshop for Rotary Club Nasik Grapecity RID 3030.</p> <p>The program was facilitated by inaugural speech of Rtn. Ginny Khurana, the introduction of dignitaries Dr. Alka Bhavsar was done by Director Youth Services Rtn. PP Durga Sali. Rotary club of Nasik Grapecity RID 3030.</p> <p>The workshop was held on 14th & 15th oct 2023 which was attended by 21 plus female students of the institute. More than 125 plus girls attended this workshop from various school and college premises. Project Pavitra was introduced by Art Of Living under guidance of H.H. Sri Sri Ravishankar ji that give Young girls/ women platform to spread needed awareness and facilities that help to end up suffering from preventable infections.</p>
	<p>This Free workshop comprises of: Better understanding of Your body, deep knowledge on this common biological phenomenon (Menstruation). Not only this but importance of food & nutrition and simple yoga, meditation & Pranayam along with home remedies to feel more at ease during your menstrual period!</p> <p>Thanks to Rotary Club Nashik Grapecity RID 3030 for giving this opportunity to spread Menstrual Health and Hygiene among young girls and women of the institute.</p>
<p>Remarks</p>	<p>Topic like menstrual hygiene initiates many untalked topic to spread amongst the female students with ease.</p>


Program in-charge


(ADC)


Principal

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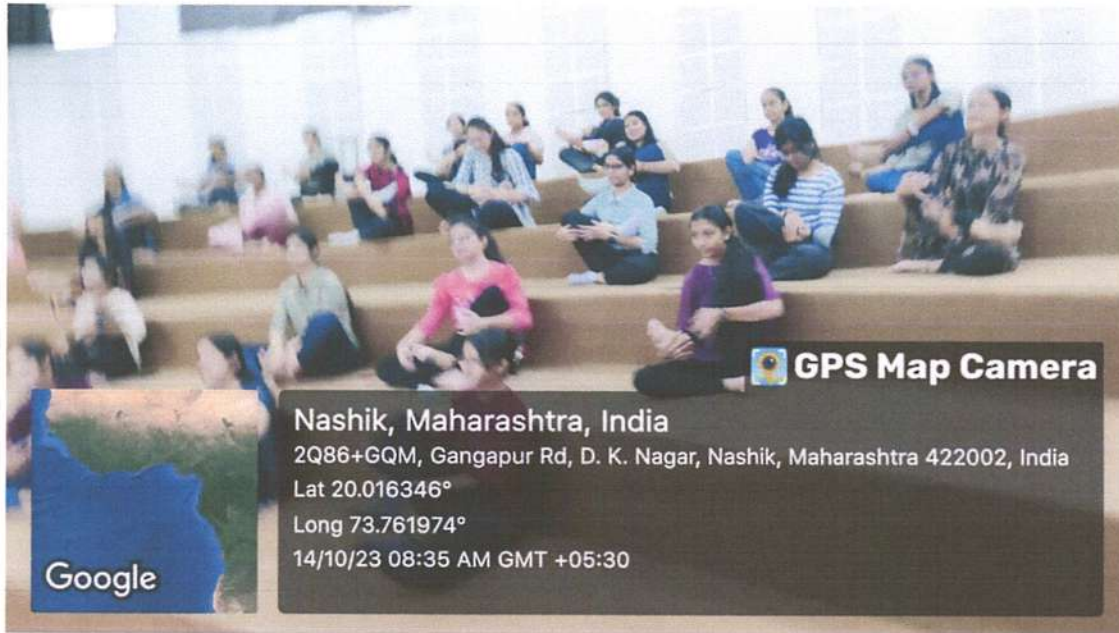




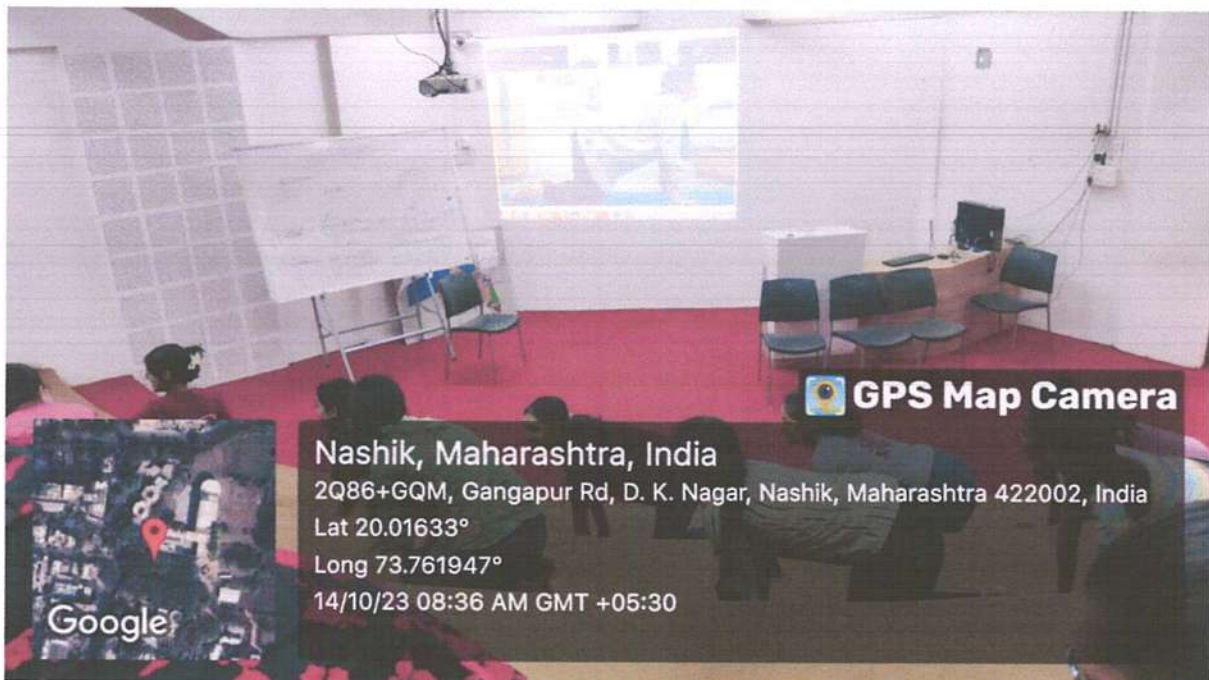
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Students involved in relaxing muscles.



Students involved in hands on exercise to understand the online session in depth.

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Online interaction with the attendees



Students following the instructions from online session.

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Rtn. Asha VenuGopal
District Governor RID 3030
2023-24



Gordon R McInally
RI President 2023-24

ONLINE

Project Pavitra

A workshop on Menstrual Health & Hygiene
(Female 10+yrs)

Host club: RCN Grapecity RID 3030

14-15OCT 2023

7am - 9am

CONTACT

7208282601

9049294420



JOIN ZOOM MEETING

<https://zoomto.me/XNbom>

Meeting ID: 613 697 5581

Passcode: 151204

GIFT YOURSELF

Yoga Meditation Pranayam

(for immense strength and relaxation)

Wholesome Nutrition

(To improve resistance power)

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Debunking myths & taboos
(about menstruation)


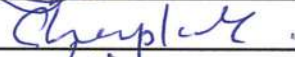

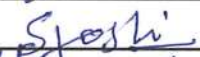
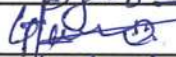
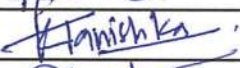
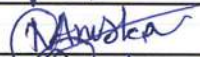
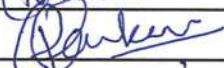
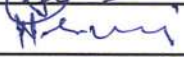
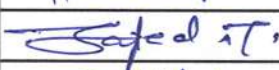
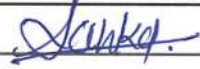


Rtn. Jayant Khairnar.
(President)

Rtn. Jayesh Dhake.
(Dir. Medical)

Rtn. Jayashree Patil.
(Dir. New.Gen.)

PP. Durga Sali.
(Convenor)
Chairperson.
Women upliftment.

MVPS's SP College of Architecture		
ATTENDANCE RECORD 2023-2024		
Event	MENSTRUAL HEALTH & HYGIENE	
Place	MVPS'S SP COLLEGE OF ARCHITECTURE	
	CONLINE MODE)	
	Date	14 th & 15 th OCT 2023
	Time	7:00 am to 9:00 am .
Sr. No.	Name	Sign
1	Bhansar Sakshi	
2	Chaged palake	
3	Jain manya	
4	Joshi Sneetika	
5	Gauri Khetkar	
6	Kushare Tanishka	
7	Nikumbh Anushka	
8	Pokar Krishna	
9	Sanap Anusuri	
10	Tated Tanisha.	
11	Jonika Shingh	

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A report on Sakhi'- Awareness lecture about her rights by PSI Trupti Sonawane

Academic Year: 2023-24

Organised By	Bachelor of Design
Objectives	<ul style="list-style-type: none">To educate participants on the rights guaranteed to women by national and international laws.To raise awareness of the gender-based challenges women face, including violence, discrimination, and unequal access to resources.
Name of Resource Person	Dr. Prajakta Baste
Resource Person Post and Organization	Principal, MVPS's SP College of Architecture
Date and Time	21/03/2024 (1: 00 hrs.) 12:00 am to 01:00 pm
Venue	L5, MVPS's SP College of Architecture
Program In-Charge	Prof. Prajakta wankar
Student Attended	B. Des
No of Students Present	30
Program Approved by	Chairman – Prof. Shubham Aher Social & Cultural Committee
Supporting Staff Member	Prof. Priyanka Kale
Photograph/Video Available	Photographs available

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Brief about the Program (Activity/Event)	This programme aims to raise awareness about women's rights, focusing on legal protections, gender equality, and the ongoing challenges women face worldwide. Through engaging discussions, expert speakers, and interactive sessions, the event will educate participants on the fundamental rights of women, the importance of gender equality, and how to advocate for and protect these rights in various contexts.
Remarks	This event seeks to inspire individuals to become informed and active advocates for women's rights, fostering a more equitable society where women can exercise their full rights and contribute to the advancement of their communities and the world.

Prof. Prajakta wankar
Program in-charge

Prof. Shubham Aher
Approved by
(Committee Chairman)

Principal

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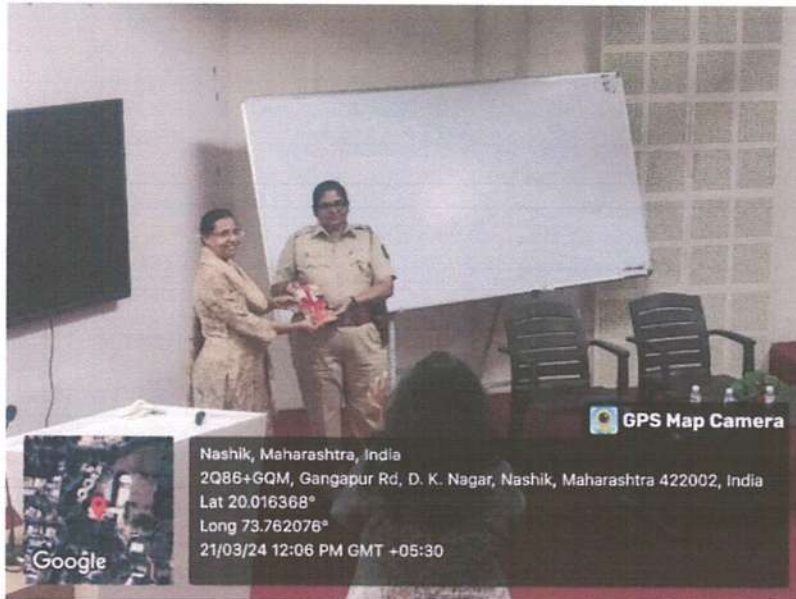
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A report on Sakhi'- Awareness lecture about her rights by PSI Trupti Sonawane



Prof Kasar madam felicitating the guest - PSI Trupti Sonawane



Honorable Guest Sonawane madam addressing the students.

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